

FOR PRIMARY SCHOOLS

Friend of Singa, Primary



About the Friend of Singa, Primary.

Introduced in 1990, the Friend of Singa (FOS) programme began to cultivate desirable behaviours and values in students. FOS Primary programme is an initiative curated by the Singapore Kindness Movement (SKM) to empower students to be an active Friend of Singa and to encourage them to contribute beyond themselves and the betterment of their schools, family, and communities via various Kindness projects.

This is a nationwide programme opened to all MOE registered school at primary and secondary level (including special education schools, madrasahs and international schools). Students must implement a kindness campaign on campus. It is intended that at the end of the project, participants will recognize the importance of their role in informing and encouraging desired behaviours therefore making a difference.

How to be a Friend of Singa

Teachers in charge from participating schools are invited to nominate students to lead a kindness project. There is no limit to the number of students who wish to take part in the kindness project.

Upon completing a kindness project together, these students will be honoured as Friends of Singa.

SKM hopes that giving the students such recognition will encourage their peers to emulate their fine examples.

*To help kick start these projects, SKM can provide funding of up to \$200 per school subject to Terms and Conditions.

Flow for FOS, Primary programme

1

FOS Primary Registration: January – Mid February 2023

Schools may register their interest in the FOS Primary programme at <https://fos.kindness.sg/>. By signing up for registration, your school indicates your commitment to delivering one kindness project in your school to be recognized as a participant of the Friend of Singa programme at the Kindness Awards Ceremony 2023. There is no limit to the number of students who wish to take part in the FOS programme (subject to proposal approval).

Once verified as a FOS programme participating school, your school may proceed to ideate and submit your draft proposal to SKM.

2

FOS Workshop (Optional): 6 February – 10 March

Schools may choose to sign up to attend an optional FOS workshop. This workshop aims to equip students with the necessary skills to implement a Kindness Project* (details to be provided separately).

Mode of delivery: Physical workshops subject to latest Safe Management Measures. Workshops are available on a first-come-first-serve basis.

Each school may register for one workshop only.

3**FOS Proposal Submission: By 17 March**

Participating schools are required to submit their FOS proposal with a focus on any one of the chosen themes below:

- Personal & Social Responsibility
- Appreciation & Respect (peers, family and school)
- Understanding Diversity
- Cyber Kindness
- Neighbourliness

Each school would be able to receive funding of up to \$200 for the implementation of their FOS project, which no more than 40% should be used for giveaway or prizes*.

* Teachers are welcome to submit proposals earlier than the stipulated date.

* Proposals will be approved within 14 days after submission.

*** Late submissions will not be considered

* Subject to Terms and Conditions

4**Campaign Execution: April – July**

Upon proposal approval, students and teachers may embark on their project. Project should:

- Seek to address the chosen kindness theme(s) and seek to make an impact on graciousness in school (advisable to be at least level-wide).
- Be well documented with photos / videos including supporting data where possible.
- Strive to be cost efficient and sustainable.

5**Report Submission: By 1 August**

Report to be uploaded via school's unique OneDrive link which will be shared with the teachers-in-charge during registration.

* Teachers are welcome to submit reports earlier than stipulated date

* Late submissions will not be considered

6**Awards Ceremony: January 2024**

Nominated students, teachers and schools will be invited to attend the physical Kindness Awards Ceremony 2023.

Be a Friend of Singa!

For more information, please contact (Ms) Adeline Poh at adeline@kindness.sg or visit <https://fos.kindness.sg/>

